Massachusetts Chapter
INCORPORATED IN MASSACHUSETTS

The Massachusetts Chapter of the American Academy of Pediatrics (MCAAP)

presents

"The Brain in the Belly: Stress, Anxiety and Abdominal Pain in Children"

Webinar on December 2, 2021 – 7:00 pm – 8:30 pm

Overall Program Objectives:

• Recognize the impact of early life events in sensitizing the gastrointestinal tract to develop abnormal sensory and motor responses
• Discuss and understand the diagnosis and management of functional abdominal pain in school-aged children who may be at risk for missing school
• Discuss and understand best practices for the co-management of school-aged children with abdominal pain by PCP practices and those of pediatric GI subspecialists

7:00 pm – Welcome – Michael Tang, MD, MBA, FAAP - MCAAP Co-Chair, Children’s Mental Health Task Force, Head of Behavioral Health at Cityblock Health

7:05 pm – 7:30 pm – Understanding the brain-gut interaction behind functional abdominal pain in kids – Jay G. Fong, MD, FAAP - Attending Pediatric Gastroenterologist, Division of Pediatric Gastroenterology and Nutrition, UMass Memorial Medical Children’s Medical Center

7:30 pm– 7:55 pm - Effective diagnosis and management of functional abdominal pain in kids - Laurie Fishman, MD, FAAP - Attending Physician, Division of Gastroenterology, Hepatology and Nutrition, Boston Children’s Hospital

7:55 pm - 8:10 pm - MCAAP Children’s Mental Health Task Force Presentation: “Ongoing advocacy and initiatives to improve access to cognitive behavioral and mental health resources for kids in Massachusetts” - Michael Tang, MD, MBA, FAAP - MCAAP Co-Chair, Children’s Mental Health Task Force, Head of Behavioral Health at Cityblock Health

8:10 pm - 8:30 pm - Panel Q&A with Audience - Moderator and all speakers
SPEAKER BIOS

"The Brain in the Belly: Stress, Anxiety and Abdominal Pain in Children"
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Jay Fong, MD, FAAP completed his Pediatric residency at SUNY Stony Brook and Pediatric GI fellowship at University of Michigan Ann Arbor and joined the UMass Chan Medical School faculty in 2006. He is currently active in caring for children in the community with multiple GI conditions and enjoys introducing Residents and Medical Students to the various and distinct ways children present with GI conditions.

Laurie Fishman, MD, FAAP did her pediatric residency at Children’s Hospital of Philadelphia and her GI fellowship at Boston Children’s Hospital and joined the faculty in 1995. She treats a wide variety of GI conditions but has a particular interest in the psychosocial aspects of various conditions. She has studied encopresis, and the transition of patients from pediatric to adult care. She has extensive expertise in medical education. She developed an interest in leading small group discussions while teaching at Harvard Medical School, and has given numerous workshops on this topic. She serves on the Gastroenterology SubBoard of the ABP.

Michael Tang, MD, FAAP is the Head of Behavioral Health at Cityblock Health, and a board-certified pediatrician, child psychiatrist and adult psychiatrist. From 2014 to July 2021, Michael served as the Chief Behavioral Health Officer and Clinical Director of Behavioral Health Integration at the Dimock Center, a Federally Qualified Health Center and Community Mental Health Agency in Roxbury. He also previously served as the Boston Site Director of Health Leads. He completed his residency in pediatrics at Boston Children’s Hospital and Boston Medical Center, and residency and fellowship in adult and child psychiatry at Massachusetts General Hospital and McLean Hospital. Michael is a graduate of Harvard College, Harvard Medical School, and the Brandeis Heller School for Social Policy and Management.
The Massachusetts Chapter of the American Academy of Pediatrics (MCAAP)  
"The Brain in the Belly: Stress, Anxiety and Abdominal Pain in Children"  
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Attendees: Prior to the start of the activity, please review the below information to ensure successful participation in this Live Internet Activity  
Activity Location:  http://myLibrary.krm.com  

CREDIT STATEMENTS:  
- This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the Massachusetts Chapter of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.  
- The AAP designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.  
- This activity is acceptable for a maximum of 1.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.  
- PAs may claim a maximum of 1.5 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.  
- This program is accredited for 1.5 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, 0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.  

MOC 2 Statement:  
- Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1.5 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.  

Purpose of Course  
This webinar targeted to gastroenterology and pediatric multi-disciplinary medical home teams. Evidence has shown that general pediatricians may not feel confident addressing the mental health needs of children with functional abdominal pain, which may risk unnecessary medical tests and referral.  

Evidence also suggests that pediatric gastroenterologists may not fully understand best options for ensuring patient access to cognitive behavioral health, mental health and other counseling services which may be critical to optimal management of functional abdominal pain.  

This goal of the webinar is to address these professional practice gaps.
Learning Objectives
After completing this course, you should be able to:

- Recognize the impact of early life events in sensitizing the gastrointestinal tract to develop abnormal sensory and motor responses
- Discuss and understand the diagnosis and management of functional abdominal pain in school-aged children who may be at risk for missing school
- Discuss and understand best practices for the co-management of school-aged children with abdominal pain by PCP practices and those of pediatric GI subspecialists

Disclosure of Commercial Support for AAP CME Activities
The MCAAP gratefully acknowledges financial support for this activity in the form of an educational grant from the AAP supported by Abbott Nutrition a proud supporter of the AAP.

Disclosure of Financial Relationships and Resolution of Conflicts of Interest for AAP CME Activities
The AAP CME/CPD program develops, maintains, and improves the competence, skills, and professional performance of pediatricians and pediatric healthcare professionals by providing quality, relevant, accessible, and effective educational experiences that address gaps in professional practice. The AAP CME/CPD program strives to meet the educational needs of pediatricians and pediatric healthcare professionals and support their lifelong learning with a goal of improving care for children and families. (AAP CME/CPD Program Mission Statement, May 2015)

The AAP recognizes that there are a variety of financial relationships between individuals and commercial interests that require review to identify possible conflicts of interest in a CME activity. The “AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest for AAP CME Activities” is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities by identifying and resolving all potential conflicts of interest prior to the confirmation of service of those in a position to influence and/or control CME content. The AAP has taken steps to resolve any potential conflicts of interest.

All AAP CME activities will strictly adhere to the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support: Standards to Ensure the Independence of CME Activities. In accordance with these Standards, the following decisions will be made free of the control of a commercial interest: identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in a position to control the content, selection of educational methods, and evaluation of the CME activity.

The purpose of this policy is to ensure all potential conflicts of interest are identified and mechanisms to resolve them prior to the CME activity are implemented in ways that are consistent with the public good. The AAP is committed to providing learners with commercially unbiased CME activities.

**DISCLOSURE OF FINANCIAL RELATIONSHIPS**
All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that the individual either has no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. Listed below are the disclosures provided by individuals in a position to influence and/or control CME activity content.

* A commercial interest is defined as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

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<th>Name of Commercial Interest(s)†</th>
<th>Disclosure of Off-Label (Unapproved)/Investigational Uses of Products</th>
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<td>Laurie Fishman, MD, FAAP</td>
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Product-Specific Advertising / Links to Product Websites
No product-specific advertising of any type appears in this activity. No links to product websites appear in this activity.

List of Principal Faculty and Credentials

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<td>Cathleen Haggerty</td>
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<td>Jenifer Lightdale, MD, FAAP</td>
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<td>Michael Tang, MD, FAAP</td>
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<td>Lloyd Fisher, MD, FAAP</td>
<td>Planner/COI Resolver</td>
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Method of Participation, Minimum Performance Level, and Credit Claiming

Participants will participate in the webinar via an internet connection and phone line. Upon completion of the webinar, participants will complete a 6 question quiz based on the content of the webinar. Participants must successfully complete the post activity quiz with a minimum passing score of 75% or higher in order to receive CME credit for this activity. Upon submission of the quiz and verification of the 75% minimum passing score requirement, participants will be able to log onto PediaLink to claim their CME credit or print a CME certificate.

Name of Medium or Combination of Media Used
Live webinar course via a computer and internet connection for viewing and a phone line for audio.

List of hardware/software requirements
Our Technical Support team would like to ensure that you have a great experience with our streaming media services. Due to variations in PC and network security configurations, we recommend that you test the ability to receive streaming media before the day of this event on the computer you will be using to view the event.

System requirements
The system requirements for viewing a streaming media event are:

Windows
- Windows XP, Windows 2003 or Windows Vista
- Display resolution of 800x600 pixels or greater
- Microsoft Internet Explorer 6.0 SP1 or later, Firefox 2.0 or later, or Google Chrome 1.0
- For Firefox and Chrome, Silverlight 1.0 or later
- Windows Media Player 9.0 or later
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

Mac
- Mac OS X 10.4.8 or later
- Safari 2.0.4 or later (or Firefox 2.0 or later)
- Silverlight 1.0
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

Need more help?
If you need further assistance, please call Cathleen Haggerty at 781-895-9852 or email at chaggerty@mcaap.org.
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The MCAAP has taken steps to make all information received from our online visitors as secure as possible against unauthorized access and use. All information is protected by our security measures, which are periodically reviewed.

CLAIMING YOUR CREDITS AND PRINTING CERTIFICATES

The online AAP Transcript System is the official way to claim credit and print certificates for all AAP CME Activities and access transcripts.

Credits must be claimed within one (1) year of the CME activity’s end-date.

All participants must claim their credit online by completing the easy to follow steps below. You also have the option to print a copy of your certificate. Individual or paper certificates will not be distributed to you post-activity.

Please Note: If you need additional assistance a detailed instructional document can be found on the transcript homepage

Claim Credit:

1. Log on to http://transcript.aap.org with your AAP Username and Password
   a. Note: If you are already logged into PediaLink (www.pedialink.org), click on the Continuing Education tab then the CME Transcript button to access the transcript site and continue to step 2.

2. Next to the activity, click the Claim CME or Claim AAP Credit Only link and enter the total number of credits you are claiming, commensurate with the extent of your participation in the activity

3. Click the Confirm Claiming box to complete claiming process – after you have claimed your credit, you can click the print certificate link or go back to your list of activities.

Non-AAP Members: Please follow the above steps to claim your credits and print a certificate. If you do not have a PediaLink account, you may create one by going to www.pedialink.org, click the link Don’t Know Your Login?, click the link Create an Account, and follow the instructions to setup an account.